

10 LOCAL HIKING FAVOURITES



Rødøyløva (The Rødøy Lion)

♥ Rødøy

Degree of Difficulty: Medium, marked path

Duration: 4 hours

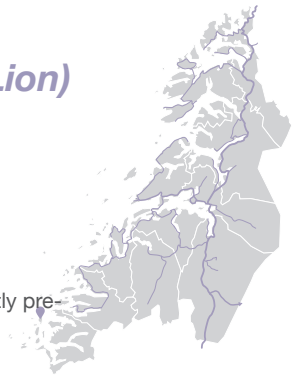
Distance: 7.5 km there and back

Highest point: 443 m.a.s.l.

Ascent: approx. 450 m

Terrain: road with little traffic and then a partly prepared path, steep in parts and rather rocky

Parking/start: At the ferry



This is one of the classic summit walks in Helgeland. Start at the ferry on Rødøya island. Follow the road towards Klokkargården (the sexton's residence), a well-known inn offering food and accommodations. Turn right at the junction in Selvågen (approx. 200 m before reaching Klokkargården). There is a clearly marked path about 70 m after the junction. Part of the path has been paved with good, solid steps. When you reach the top of the ridge, simply follow the path to the top. We recommend this route, but you can also follow a path from the north of the island. Both routes run for the most part through open countryside, but there are also some steeper parts.

You can get to Rødøy by fast passenger boat or ferry, and you can also spend the night on the island. Fast passenger boat direct from Bodø (Nordlandsekspresen). Daily departures, 3 hour journey.



Photo: Frank B. Dahl



Photos: Rødøy Kommune