

# 10 LOCAL HIKING FAVOURITES



# ***Straumstien***

 Hamarøy

**Degree of Difficulty:** Easy. Marked path

**Duration:** 90 minutes

**Distance:** 4 km round trip

**Highest point:** 5 m.a.s.l.

**Ascent:** 10 m

**Terrain:** Road and path

**Parking/start:** The car park at Ness



Start at the car park near the end of the road and follow the path leading from the information board. You may be tempted to cross the sands, but beware: there is quicksand in certain places! There is a great picnic spot with a lean-to by the strait, approx. 1.3km from start. The round trip will take you around the headland, with a view of Skutvik. Signposts along the way show you how to get to Viking burial sites. Leave the shore when you get past the first cluster of buildings and follow the farm road to the right after the gate. You will then be back on the road back to your starting point near the marina. There are grazing sheep in the area, so shut all gates and keep dogs on a leash! The easiest way to get to the starting point at Ness is by car, alternatively by bike in combination with the fast passenger boat from Bodø to Skutvik (the Nordlandsekspressen).



Photos: Kjell Fredriksen