

10 LOCAL HIKING FAVOURITES



Tuvlia - Seglfjell

♥ Beiarne

Degree of Difficulty: Medium, partly marked trail

Duration: 6 hours

Distance: 8.3 km there and back

Highest point: 647 m.a.s.l.

Ascent: approx. 640 m

Terrain: Path, rolling countryside.

Parking/Start: The shop or the school



A hike in varied countryside. Start at the school or the Coop shop and follow the Soløyveien road north along the river. The path turns off the road after about 600 metres. The first part is steep, but towards the top it levels out. Follow the marked trail up to its highest point and then turn off towards Mount Seglfjell. It's easy to find the way.

The easiest way to get to Moldjord is by bus or car. Bus no. 300 goes from Bodø to Moldjord on a daily basis and takes about two and a half hours.



Photos: Amund Kleist Godal